



CONGREGATION  
of Our Lady  
of the Cenacle



**PRAYER**

**PRAYING DIFFERENTLY**



**New Year 2026**

Lord, into Your hands I commit the year that has passed.  
I thank You, for it has been a rain of opportunities where I have met You,  
And where I have been able to find fulfilment as a person.  
I know that You will look with mercy upon my errors and my wrongs.  
Into Your hands, I place this year that begins.

You who dwell beyond time and space,  
I know well that You will remain beside me forever.  
Help me to discover Your presence everywhere and in everything.  
Increase my Faith. Grant me strength and perseverance in times of trial.

I wish to keep in mind that nothing will ever happen to me that cannot be overcome,  
with Your presence by my side.  
Lord, for every day that I am given to live,  
Make me seek what is good in Your eyes and what brings happiness to all those who share  
my life.

Amen.

**Aleteia**



[www.cenaclesisters.co.uk](http://www.cenaclesisters.co.uk)



[contact@ndcenacle.org](mailto:contact@ndcenacle.org)