



CONGREGATION  
of Our Lady  
of the Cenacle



**PRAYER**

**PRAYING DIFFERENTLY**



**Advent Season**

### **You Watch Over Us**

Most Gracious God,  
You watch over us, companion of our waiting,  
You, the hidden visitor of our lives.

Grant that we may hear Your voice which restores  
us when we bend beneath the weight of misfortune,  
and open the horizon of Your tenderness  
if dread and fear cause our hearts to stray.

May Your Word bring forth the dawn  
of our transfigured humanity,  
and cause to blossom, within all our shadows,  
a new breath singing the joy of loving.

Beneath our feet shall bloom for our earth  
Justice and peace, love and truth,  
and from our hands, pearls of light.

Amen.

**Diocese of St. Claude**  
Catholic Church of Jura



[www.cenaclesisters.co.uk](http://www.cenaclesisters.co.uk)



[contact@ndcenacle.org](mailto:contact@ndcenacle.org)